

# PUFC Youth Football 5's

Summer Football is about having **fun and participating**. Yes, it can get competitive both on and off the field, but we need to remember its ultimately about having fun and keeping fit.

The information below outlines the playing conditions, guidelines and requirements for the **PUFC Youth Football 5's**.

We encourage fair play and Players, Coaches and Parents are required to:

- Be respectful to the opposition players, coaches, parents and supporters.
- Adhere to the rules and playing conditions as set out in this document.
- Encourage all team members.
- Adhere to the rules of the Hockey turf no soccer boots or food allowed on the turf.
- Play the game in a sporting manner no pushing, shoving, tackling from behind, etc. will be tolerated. Repeat offenders should be substituted for the game and made aware of the reason why.
- The emphasis of the Summer League is **FUN, EXERCISE and SOCIALISING**.

#### Venue, Dates & Times

The **PUFC Youth Football 5's** runs (for 10 weeks) from October 18<sup>th</sup> through to December 20<sup>th</sup>, 2018 on the Hockey Turf at Kolmar Sports Complex, Sutton Crescent, Papatoetoe. Games start from 5pm through until 9pm depending on number of teams.

A draw will be released on the club website and on Facebook once the team entries have been finalised.

#### Age Groups

Age groups from 9 yrs to 14 yrs.

9<sup>th</sup> & 10<sup>th</sup> Grades play in one competition.

11<sup>th</sup> & 12<sup>th</sup> Grades play in one competition.

13<sup>th</sup> & 14<sup>th</sup> Grades play in one competition.

Grades may be split further depending on team entries.

#### <u>Format</u>

The format is 5-a-side, with a maximum of 10 players per team. Children are only eligible to play in one team per grade. Players cannot swap between teams in the same grade.

No goal keepers. Unlimited substitutions during the games.

Games last 25 minutes with 1 minute for half time. NO extra time play is allowed.

Field size is 45m x 23m. Goal size is 2m x 1m.

Points will be allocated as follows:

3 points for a win 1 point for a draw 0 points for a loss

#### Costs/Team Wear

Cost per team of 10 players is \$150.00

If you don't have a team but are willing to join in with others to make a team, then the entry fee is \$15 per player.

Each team is responsible for organizing their team shirt. These must all be the same colour and registered with the club before the competition starts.

#### Health & Safety

First Aid Kits and Ice Packs will be available on the side of the Hockey Turf during the games. The Summer League is about fair play and the safety of the player is paramount. If a player is down injured, then stop the game and deal with the injury. For any major injury (perceived or known), the Summer League coordinator must be contacted.

## PUFC Youth Football 5's – Rules for 2018

- 1. 5 a side play. NO Goal keepers.
- 2. Teams are drawn to play each other for 25 minutes, with 1 minute for half time to allow both teams to switch sides. This will be done by hooter.
- 3. No coaching on the field of play.
- 4. Rolling substitutes at any time. Players must have left the field before the substitute enters.
- 5. No off sides.
- 6. Sideline out (i.e. ball goes over the sideline). A kick in is taken from the point the ball went out.
- 7. Goal kicks must be taken from the ground only. No kicks from the hands. You cannot score directly from a goal kick. "Retreating Line" rules will apply for the goal kicks, i.e. the attacking team cannot touch the ball until a defending player has touched it.
- 8. Corner kicks will be taken form the corner point.
- 9. Playing Gear it is your team's responsibility to wear the same strip. All that is required is the same coloured T-shirt as a minimum. **NO Boots please**. Sand shoes or hockey turf shoes only. Shin guards are compulsory and must be worn by all players on the turf.
- 10. The rules of the hockey turf must always be followed. Only coaches and players allowed on the playing turf.
- 11. The referee's decision is final. Both coaches are to referee half the game each or appoint someone else in their place, unless both coaches agree to have no referee.
- 12. Futsal balls are to be used and these will be provided. At the end of your games the balls are to remain on the pitches for the next teams.
- 13. Score Card the games score card must be signed by both coaches otherwise the game will be considered a no result. If no score card is handed in then the game will be considered a no result.

### To Register for the PUFC Football 5's then contact -

Anil Ranchhod Phone: 0274 201 720 Email: <u>papatoetoe\_united@hotmail.com</u> Facebook: Papatoetoe United Football Club Inc

## PUFC Football 5's – Registration Form

Team Name:

Age Group:

Team Organiser/Coach Name:

Team Organiser/Coach Contact Details:

Team Colour/s:

Team Members:

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